Certified Professional Coach

**Online Afternoon: Tue. & Thurs. January-February 2020, Trainer: Monique - Apply Now**
Five online classes at 12 PM Eastern for 90 minutes on January 14, 16, 21, 23 and 28
Each of the above classes is followed by research or practice and then writing a report.
Group Session online for all participants at 12 PM Eastern for 90 minutes on January 30
Coaching Practicum Online for 4 hours on February 4, 6, 11 and 13 at 12 PM Eastern, 11 AM Central, 10 AM Mountain, 9 AM Pacific

**Chicago, IL: Tue. & Thurs. March 2020, Trainer: Monique - Apply Now**
Five online classes at 12 PM Eastern for 90 minutes on March 3, 5, 10, 12 and 17
Each of the above classes is followed by research or practice and then writing a report.
Group Session online for all participants at 12 PM Eastern for 90 minutes on March 19
Coaching Practicum in Chicago 8:30 AM to 4:30 PM local time on March 23 and 24

**Online Afternoon: Tue. & Thurs. March-April 2020, Trainer: Monique - Apply Now**
Five online classes at 12 PM Eastern for 90 minutes on March 3, 5, 10, 12 and 17
Each of the above classes is followed by research or practice and then writing a report.
Group Session online for all participants at 12 PM Eastern for 90 minutes on March 19
Coaching Practicum Online for 4 hours on March 31, April 2, 7 and 9 at 12 PM Eastern, 11 AM Central, 10 AM Mountain, 9 AM Pacific

**Online Afternoon: Tue. & Thurs. September-October 2020, Trainer: Monique - Apply Now**
Five online classes at 12 PM Eastern for 90 minutes on September 8, 10, 15, 17 and 22
Each of the above classes is followed by research or practice and then writing a report.
Group Session online for all participants at 12 PM Eastern for 90 minutes on September 24
Coaching Practicum Online for 4 hours on September 29, October 1, 13 and 15 at 12 PM Eastern, 11 AM Central, 10 AM Mountain, 9 AM Pacific

**Boca Raton, FL: Tue. & Thurs. September-October 2020, Trainer: Monique - Apply Now**
Five online classes at 12 PM Eastern for 90 minutes on September 8, 10, 15, 17 and 22
Each of the above classes is followed by research or practice and then writing a report.
Group Session online for all participants at 12 PM Eastern for 90 minutes on September 24
Coaching Practicum in Boca Raton, FL 8:30 AM to 4:30 PM local time on October 7 and 8

Certified Master Coach

**Online Friday Afternoon: January - February 2020, Trainer Monique - Apply Now**
Seven online classes at 12:00 PM Eastern for 90 minutes on January 10, 17, 24 and 31, February 7, 14 and 21
Six Group Coaching sessions at 2:00 PM Eastern for 90 minutes on January 10, 17, 24 and 31, February 7 and 14
Schedule Interviews and Coaching Sessions with your assigned partner and the trainer.

**Online Friday Afternoon: October - December 2020, Trainer Monique - Apply Now**
Seven online classes at 12:00 PM Eastern for 90 minutes on October 30, November 6, 13, 20 and 27, December 4 and 11
Six Group Coaching sessions at 2:00 PM Eastern for 90 minutes on October 30, November 6, 13, 20, 27 and December 4
Schedule Interviews and Coaching Sessions with your assigned partner and the trainer.

**Executive Coach Practitioner**

**Executive Coach Practitioner, Trainer: Monique - January-March 2020 - Apply Now**

Each 90-minute class will start promptly at 12 PM Eastern, 11 AM Central, 10 AM Mountain, 9 AM Pacific

**January 27, 2020:** Coach Competencies and Strengths - Review the ICF's Core Competencies of a Coach and discuss the Strength Areas

**February 3, 2020:** Engaging and Understanding Your Clients - Discuss approaches and examples for setting the foundation

**February 10, 2020:** The Coaching Relationship - Explore how to co-create the relationship based on the competencies

**February 17, 2020:** Client Priority Management - Analyze how your communication enhances your coaching

**February 24, 2020:** The Client's Future - Expand how you create awareness through exploration of examples for asking about insights

**March 2, 2020:** Challenges and Trends - Explore how to manage different challenges in coaching and plan how to stay current.

**Independent Learning** - Following each webinar there are assignments designed for you to think and reflect, research and review, share insights and enhance your learning

*After each class you will be given an assignment – plan approximately 30 minutes each time.*

**Executive Coach Practitioner, Trainer: Monique - April 2020 - Apply Now**

Each 90-minute class will start promptly at 1 PM Eastern, 12 PM Central, 11 AM Mountain, 10 AM Pacific

**April 14, 2020:** Coach Competencies and Strengths - Review the ICF's Core Competencies of a Coach and discuss the Strength Areas

**April 16, 2020:** Engaging and Understanding Your Clients - Discuss approaches and examples for setting the foundation

**April 21, 2020:** The Coaching Relationship - Explore how to co-create the relationship based on the competencies

**April 23, 2020:** Client Priority Management - Analyze how your communication enhances your coaching

**April 28, 2020:** The Client's Future - Expand how you create awareness through exploration of examples for asking about insights

**April 30, 2020:** Challenges and Trends - Explore how to manage different challenges in coaching and plan how to stay current.

**Independent Learning** - Following each webinar there are assignments designed for you to think and reflect, research and review, share insights and enhance your learning

*After each class you will be given an assignment – plan approximately 30 minutes each time.*

**Executive Coach Practitioner, Trainer: Monique - May 2020 - Apply Now**
Each 90-minute class will start promptly at 1 PM Eastern, 12 PM Central, 11 AM Mountain, 10 AM Pacific

May 12, 2020: Coach Competencies and Strengths - Review the ICF's Core Competencies of a Coach and discuss the Strength Areas
May 13, 2020: Engaging and Understanding Your Clients - Discuss approaches and examples for setting the foundation
May 14, 2020: The Coaching Relationship - Explore how to co-create the relationship based on the competencies
May 19, 2020: Client Priority Management - Analyze how your communication enhances your coaching
May 20, 2020: The Client's Future - Expand how you create awareness through exploration of examples for asking about insights
May 21, 2020: Challenges and Trends - Explore how to manage different challenges in coaching and plan how to stay current.

Independent Learning - Following each webinar there are assignments designed for you to think and reflect, research and review, share insights and enhance your learning
After each class you will be given an assignment – plan approximately 30 minutes each time.

Executive Coach Practitioner, Trainer: Monique - September-October 2020 - Apply Now
Each 90-minute class will start promptly at 12 PM Eastern, 11 AM Central, 10 AM Mountain, 9 AM Pacific

September 14, 2020: Coach Competencies and Strengths - Review the ICF's Core Competencies of a Coach and discuss the Strength Areas
September 21, 2020: Engaging and Understanding Your Clients - Discuss approaches and examples for setting the foundation
September 28, 2020: The Coaching Relationship - Explore how to co-create the relationship based on the competencies
October 5, 2020: Client Priority Management - Analyze how your communication enhances your coaching
October 19, 2020: The Client's Future - Expand how you create awareness through exploration of examples for asking about insights
October 26, 2020: Challenges and Trends - Explore how to manage different challenges in coaching and plan how to stay current.

Independent Learning - Following each webinar there are assignments designed for you to think and reflect, research and review, share insights and enhance your learning
After each class you will be given an assignment – plan approximately 30 minutes each time.

Coaching Skills for Young Professionals
Coaching Skills for Young Professionals, Trainer: Monique - January 2020 - Apply Now
Six online classes (60 minutes each) will start promptly at 9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific

January 14, 2020: Webinar 1: About Coaching and Ethics
January 15, 2020: Webinar 2: Understanding Your Client
January 16, 2020: Webinar 3: Communication
January 21, 2020: Webinar 4: Focus and Motivation
January 22, 2020: Webinar 5: Group and Team Coaching
January 23, 2020: Webinar 6: Group Session Q&A

One-on-One Coaching: 2 Hours, 9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific
January 28, 2020 9-11:00 AM ET
January 29, 2020 9-11:00 AM ET
January 30, 2020 9-11:00 AM ET

Coaching Skills for Young Professionals, Trainer: Monique - March - April 2020 - Apply Now
Six online classes (60 minutes each) will start promptly at 10 AM Eastern, 9 AM Central, 8 AM Mountain, 7 AM Pacific
March 4, 2020: Webinar 1: About Coaching and CCC
March 6, 2020: Webinar 2: Ethics
March 11, 2020: Webinar 3: Understanding Your Client
March 13, 2020: Webinar 4: Communication
March 18, 2020: Webinar 5: Focus and Motivation
March 20, 2020: Webinar 6: Group Coaching
One-on-One Coaching: 2 Hours, 10 AM Eastern, 9 AM Central, 8 AM Mountain, 7 AM Pacific
April 1, 2020 10 AM -12:00 PM ET
April 8, 2020 10 AM -12:00 PM ET
April 15, 2020 10 AM -12:00 PM ET

Coaching Skills for Young Professionals, Trainer: Monique - September 2020 - Apply Now
Six online classes (60 minutes each) will start promptly at 9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific
September 8, 2020: Webinar 1: About Coaching and Ethics
September 9, 2020: Webinar 2: Understanding Your Client
September 10, 2020: Webinar 3: Communication
September 15, 2020: Webinar 4: Focus and Motivation
September 16, 2020: Webinar 5: Group and Team Coaching
September 17, 2020: Webinar 6: Group Session Q&A
One-on-One Coaching: 2 Hours, 9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific
September 22, 2020 9-11:00 AM ET
September 23, 2020 9-11:00 AM ET
September 24, 2020 9-11:00 AM ET